

## **Mr Gilbert Goh**

Mr Goh is a counsellor by profession and in his full-time job, he provides support to those who are unemployed and divorced.

He runs regular support groups, workshops and counselling services to his target audience, always encouraging people to rise above their adversity and live life to the fullest.

He also started the privately-funded NGO Love Aid Singapore six years ago to provide humanitarian assistance to Syrian and Palestinian refugees seeking refuge in Lebanon. He has so far made six humanitarian trips to the Middle East in his attempts to bridge the gap between the suffering refugees and the free world.

He gives regular talk on his yearly humanitarian trips in Singapore and recently held a Palestinian children art exhibition at The Substation late last year.

He hopes to bring the Middle East humanitarian message closer to home and inspire young Singaporeans likewise to volunteer and plant our national flag in a place which, so far, has seen little Singaporean representation.

Mr Goh has also written a book entitled *How to Survive Unemployment* and hard copies can be found in our local libraries.